***Holding Pattern***

“What To Do When Your Prayers Seem To Stop Working”

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1 Kings 18:41-42- Then Elijah said to Ahab, “Go get something to eat and drink, for I hear a mighty rainstorm coming!” So Ahab went to eat and drink. But Elijah climbed to the top of Mount Carmel and bowed low to the ground and **prayed with his face between his knees**. NLT

1 Kings 18:43- Then he said to his servant, “Go and look out toward the sea.” The servant went and looked, then returned to Elijah and said, **“I didn’t see anything.” Seven times Elijah told him to go and look**. NLT

1 Kings 18:1-2- Later on, in the third year of the drought, the Lord said to Elijah, “Go and present yourself to King Ahab. **Tell him that I will soon send rain**!” So Elijah went to appear before Ahab. NLT

Five things that I can do when my prayers seem to stop working

1. Pray again

Luke 11:9- "And so I tell you, **keep on asking**, and you will receive what you ask for. **Keep on seeking**, and you will find. **Keep on knocking**, and the door will be opened to you.” NLT

1. Be real AND thankful

1 Thessalonians 5:16-18- Always be joyful. **Never stop praying**. **Be thankful in all circumstances**, for this is God’s will for you who belong to Christ Jesus. NLT

1. Fight off unhealthy reactions

Proverbs 4:23- **Guard** your **heart** above all else, for it determines the course of your life. NLT

1. Keep at it

Galatians 6:9- So let’s not get tired of doing what is good. **At just the right time** we will reap a harvest of blessing if we don’t give up. NLT

1. -Keep looking

Psalm 27:13-14- Yet **I am confident I will see** the Lord’s goodness while I am here in the land of the living. Wait patiently for the Lord. **Be brave and courageous**. **Yes, wait patiently for the Lord**. NLT

1 Kings 18:44-45- **Finally** the seventh time, his servant told him, “I saw a little cloud about the size of a man’s hand rising from the sea.” Then Elijah shouted, “Hurry to Ahab and tell him, ‘Climb into your chariot and go back home. If you don’t hurry, the rain will stop you!’” And soon the sky was black with clouds. **A heavy wind brought a terrific rainstorm**, and Ahab left quickly for Jezreel. NLT